

## **BEFORE & AFTER SCHOOL CARE**

#### YMCA OF GREATER LONG BEACH

YMCA offers a variety of youth development programs, including before- and after-school care. These programs provide a safe and nurturing environment for children to learn, grow, and have fun. The before- and after-school care programs offer homework assistance, recreational activities,

and enrichment programs. YMCA's programs promote positive youth development and help children build confidence, leadership skills, and lasting friendships.

Serves 86 elementary schools

- Homework assistance
- Licensed Childcare
- Healthy Supper
- Physical Activities, Sports, Arts & Crafts, and Academic **Enrichment activities**
- Transportation
- On-Site Childcare



**\$5,000** Allows one child to attend for an entire school year

\$1,000 Allows two children to attend for a month

\$500 Allows one child to attend for a month





### **DAY CAMPS**

#### YMCA OF GREATER LONG BEACH

YMCA day camps offer a dynamic and engaging experience for school-aged children. Focused on learning, socialization, and physical activity, these camps provide various activities, including arts and crafts, sports, swimming, and outdoor adventures. The experienced and dedicated staff create a safe and supportive environment where children can learn new skills, make friends, and build confidence. YMCA day camps foster personal growth, encourage teamwork, and promote a healthy lifestyle.



- S.T.E.M, Arts & Crafts, Sports,
  Gymnastics, and Swim
- Breakfast & Supper included
- Safe Place for children
- Build long lasting memories and friendships

**\$2,800** will provide one child a 10 week enrollment of day camp

\$500 will help two children experience summer day camp for a week.

\$275 will provide a summer experience to one child.







# **AQUATIC PROGRAMS**

#### YMCA OF GREATER LONG BEACH

YMCA aquatic programs offer various options for all ages and skill levels. From swim lessons for children and adults, the YMCA provides a safe and supportive environment for individuals to learn and improve their aquatic skills. With experienced instructors and a focus on water safety, the YMCA aquatic programs aim to help participants build confidence in the water while emphasizing the importance of physical activity and overall well-being. Whether you're looking to introduce

your child to swimming or are interested in refining your techniques, the YMCA offers a range of aquatic programs to meet diverse needs.

 Wide selection of lessons from 6 months to Adults

- Swim readiness, basics, strokes
- Water acclimation, movement, and stamina
- Stroke development and mechanics
- Swim Team
- Safety Around Water Drowning Prevention Program



**\$5,000** will provide 50 participants to excel their swimming skills

\$1,000 provides swim lessons for an entire class of children for a full season

\$500 covers the cost of swim lesson scholarships for multiple children





# **YOUTH SPORTS**

#### YMCA OF GREATER LONG BEACH

YMCA youth sports programs provide a fun and inclusive environment for children to learn and play sports. The focus is on skill development, teamwork, and sportsmanship rather than competition. Kids have the opportunity to try out various sports and develop a love for being active. The programs are designed to build confidence, encourage physical activity, and promote healthy habits that can last a lifetime. With experienced coaches and a supportive atmosphere, YMCA youth sports are an excellent way for kids to stay active and have fun.

- Fun and inclusive environment for children
- Focus on skill development, teamwork, and sportsmanship
- Opportunity to try various sports
- Encouragement of physical activity and healthy habits
- · Experienced coaches and supportive atmosphere
- Creating and building long last memories and friendships



**\$500** will help two children experience one season of youth sports

helps achieve our commitment to never turn any child away due to an inability to pay







# **YOUTH & GOVERNMENT**

#### YMCA OF GREATER LONG BEACH

The YMCA Youth and Government program provides a unique opportunity for young people to learn about the democratic process and gain hands-on experience in government and civic engagement. This program allows students to participate in model legislative and judicial processes, develop public speaking and critical thinking skills, and learn how to propose and debate legislation. The program fosters a deeper understanding of government and public policy and encourages leadership development and active citizenship among youth.

- Develop leadership skills
- Become civically engaged
- Improve public speaking skills
- Meet new friends in numerous social activities
- Draft & Debate bills
- Conferences in different cities



**\$4,200** will provide three teens to experience one season of youth and government

**\$1,400** will help one child to experience one season of youth and government

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