



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CLC 2024 Participant Packing List

WHAT TO BRING TO CAMP

- Sleeping bag or twin-size sheets and blankets
- Pillow
- Long pants
- Jacket
- Sweatshirt
- Closed toed shoes (tennis or hiking shoes)
- Shorts
- Short and long sleeve shirts
- Hat with brim
- Sunscreen
- Shower shoes
- Warm socks
- Toiletries (shampoo, soap, toothbrush, etc.)
- Bath Towel/Wash cloth
- Flashlight
- Lip balm
- Sunglasses
- Routine medications
- Insect repellent
- Reading book (and book light for cabin)
- Reusable Water bottle
- Pajamas appropriate for sharing a room
- Your YMCA Rag
- Yoga Mat for optional workshop session
- Hair dryer, if needed (please consider sharing with a friend)

Days are generally warm to hot, and nights are generally cold to very cold. Bring clothes accordingly.

WHAT TO LEAVE AT HOME

Please do not bring any of the following to camp. If found, these items will be removed, and Camp will not assume responsibility for loss.

- ✗ glass bottles or spray/aerosol cans
- ✗ fireworks
- ✗ bikinis, midriiffs, halter tops, Speedos, etc.
- ✗ guns, ammuniton, knives
- ✗ perfumes, sweet smelling lotions, candy, snacks, food (don't want to attract critters)



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- ✘ practical joke devices
- ✘ illegal drugs
- ✘ alcohol
- ✘ tobacco
- ✘ offensive or inappropriate clothing and/or materials

We suggest to leave your cell phone in your car, cabin or turned off allowing yourself and each participant to fully embrace and connect during the weekend.